

Awards and Honours

- 2006 Lifetime Career Award by STAR (The International Stress and Anxiety Research Society) <http://www.star-society.org/>
- 2006-2010 President of the Division of Health Psychology (Division 8) of the International Association of Applied Psychology (IAAP).
www.healthpsych.de/iaap/
- 2006-2007 International Scientific Committee of the STAR (Stress and Anxiety Research Society) Conference in Dominican Republic, July 19-22, 2007
- 2007-2008 Scientific Advisory Board, STAR (Stress and Anxiety Research Society) Conference Society), London, UK, July 16-18, 2008.
<http://www.bbk.ac.uk/psyc/star>
- 2004-2008 Member, International Advisory Committee, 29th International Congress of Psychology, July 20-25, 2008, Berlin, Germany. <http://www.icp2008.org/>
- 2008 Participant in Young Scientist Program – Meet your Favorite Professor, International Congress of Psychology, July 20-25, 2008, Berlin, Germany
- 2003-2007 Canadian Representative to STAR (Stress and Anxiety Research Society).
- 2005-2006 Chair, Program Committee of Division 8 (Health Psychology) of the 26th International Congress of Applied Psychology, July 16-21, 2006, Athens, Greece
- 2005-2006 International Scientific Committee of the STAR (Stress and Anxiety Research Society) Conference in Crete, Greece, July 13-15, 2006.
- 2003-2004 International Scientific Committee of the STAR (Stress and Anxiety Research Society) Conference in Amsterdam, July 10-12, 2004.
- 2003 Scientific Organizing Committee for the Fourth Conference on Occupational Stress and Workplace Wellness, APA-NIOSH, Toronto, March 19-21, 2003
- 2003-2004 Chair, Department of Psychology, York University
- 2002-2006 President Elect of the Division of Health Psychology (Division 8) of the International Association of Applied Psychology (IAAP).
- 2002 Scientific Committee of STAR 2003 Lisbon Conference, July 10-12, 2003

- 2002 Editorial Advisory Board for International Studies on Child and Adolescent Health
- 2002 Review Committee: Presentation proposals submitted for Fourth Conference on Occupational Stress and Health, APA-NIOSH. Toronto, March 20-22, 2003
- 2002 Scientific Committee of the STAR (Stress and Anxiety Research Society) 2003 Conference in Lisbon July 10-12, 2003.
- 2002-2003 Scientific Organizing Committee for the Fourth Conference on Occupational Stress and Health. APA-NIOSH. Toronto, March 20-22, 2003.
- 2002 Program Committee of Division 8 (Health Psychology) of the International Association of Applied Psychology (IAAP) for the meeting in Singapore, July 7-12.
- 2000 Participant in the Inauguration of the first Congress of the Asian Health Psychology Society (AHPS), Tokyo, August 28-29.
- 1999 Scientific Committee for STAR (Stress and Anxiety Research Society) meeting in Cracow, Poland, July.
- 1997 The 1996 Section on Women and Psychology (SWAP) Award of Distinction, Canadian Psychological Association
- 1997 Editorial Board, Health Perspectives: Research, Policy and Practice
- 1996 Organizer and Convener of the first meeting of the International Society of Health Psychology Research (ISHR), Montreal, Quebec, August 1996
- 1996- Fellow, American Psychological Association
- 1996 Consulting Editor, Anxiety, Stress, and Coping: An International Journal
- 1990, 1991 Imperial Oil Award for Research in Excellence
- 1990 Listed in Canadian Who's Who
- 1988 Canadian Woman's Studies
- 1988 Editorial Board, Applied Psychology: An International Review
- 1987 Editorial Board, Canadian Psychology
- 1986 Listed in Who's Who of Canadian Women
- 1984 York University Faculty of Arts Fellowship for 1985-1986
- 1984 Fellow, Canadian Psychological Association

- 1976 Listed in the MATH Talent Bank File, 1976 (International Centre Matching Women's needs and Resources in Canada and the Third World)
- 1976- Nominated for the Best Teacher Award, Department of Psychology, York
1977 University